Canteen days: Wednesday, Thursday and Friday

Items available for <u>Lunch</u> Orders Only			
	*Sandwiches and Wraps	40.00	
D	• Vegemite, Jam or Honey	\$2.00	
	• Egg	\$2.20	
	• Cheese	\$2.50	
D/V	Salad (lettuce, tomato, carrot & cucumber)	\$3.50	
D	Ham	\$2.50	
D	Chicken or Tuna	\$4.00	
V	Additional fillings: lettuce, tomato, carrot, cucumbe		
V	cheese or avocado	,	
	chicken or tuna	•	
	ham		
D	Gluten Free bread	+\$1.00	
	Toasted	+\$0.50	
	Hot Food	0.1.50	
	Meat Pie	\$4.50	
G	Meat Pie - gluten free	\$5.50	
	Sausage Roll	\$3.50	
V	Cheese & Spinach Roll	\$4.00	
	Wedges *New	\$2.00	
	Additional toppings: Sour Cream	\$1.00	
	Sweet Chilli sauce	\$0.30	
	Avocado	\$1.00	
	Chicken Tenders	\$1.50 ea	
	Sauce: Tomato or BBQ	\$0.30 ea	
D/G/V	Corn on the cob	\$0.50 ea	
V	Macaroni cheese	\$3.00 ea	
D	*Pasta Bolognaise	\$4.00	
	with gluten free pasta		
	*Chicken Wrap (chicken tenders, lettuce, mayo)	\$4.50	
	add Sweet Chilli Sauce	+\$0.30	
	Special - Thursday only		
G	Nachos or	\$5.00	
	Stand'n'Stuff boats with	\$5.00	
	Mexican beef mince with melted cheese		
D	Mexican beef mince (no cheese		
V	Bean mix in salsa sauce with melted cheese		
D/V	Bean mix in salsa sauce (no cheese		
V	Additional toppings: corn, grated carro		
V	Additional topping: guacamole	\$1.00 ea	

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Items available for Recess & Lunch Orders					
	Snacks	J. 0.010			
D	*Apple Cinnamon or Banana Muffin	\$1.00			
	Cheese Stick	\$1.00			
G	Popcorn	\$0.50			
G	 Mini Rice Crackers - BBQ (15-20g) 	\$0.70			
G	Mini Rice Cakes - Original (15-20g)	\$0.70			
G	 Mini Rice Cakes - Cheese (15-20g) 	\$0.70			
G	Mini Rice Cakes - Chicken	\$0.70			
G	Mini Rice Cakes - Salt & Vinegar	\$0.70			
G	 *Hard boiled egg 	\$0.50			
D/G/V	Fresh fruit - Apple or Banana	\$1.00			
	 Frozen Yoghurt - low fat (Watermelon/Mango, 	\$2.00			
	Choc/Vanilla or Straw/Vanilla)				
D/G/V	*Carrot sticks	\$0.50			
	Drinks				
	Water	\$1.20			
	 Fruit Juice Boxes (Apple, Orange or Tropical) 	\$1.80			
	Plain Milk	\$1.50			
	 Flavoured Milk (Chocolate or Strawberry) 	\$2.00			
	 Up & Go (Strawberry, Chocolate, Vanilla or Banana) 	\$2.50			
	Lunch Bags				
	Reusable lunch bag	\$10.00 ea			
	- Blue, red, yellow, green, purple or orange Allergy Alert				
	Paper lunch bag	\$0.10 ea			
Menu Information					
	Everyday food item				
	Occasional food item - select carefully				
	* Freshly prepared. Only dairy free margarine used in this	canteen.			
	D Dairy Free				
	G Gluten Free				
	V Vegetarian				
	Online Orders				
Sign up and register at quickcliq.com.au					
Online order cut off is 8.30am, orders can be placed up to 28 days in advance.					
	Cash Orders				

Orders/cash must be delivered to the canteen by 8.55am on the day.