

Ngunnawal and Ngambri Country 10 Yass Road Queanbeyan East NSW 2620 P 02 6297 2619

E <u>queanbeyae-p.school@det.nsw.edu.au</u> W www.queanbeyae-p.schools.nsw.gov.au

Principal: Danny Scott

22 November 2022

### Stage 2 Birrigai Camp 29-30 November 2022

It's not long now before Stage 2 are off on camp!

Please find attached an equipment list and a map of the camp where we will be staying. For more information, please follow this link: <a href="https://www.cityservices.act.gov.au/birrigai/schools">https://www.cityservices.act.gov.au/birrigai/schools</a>

#### Departure:

All students will need to arrive at school between 7.45am and 8.15am on Tuesday 29 November. Students will need to find their class teacher and have their name marked off when they arrive. **Due to our schedule at camp, the bus will leave promptly at 8.30am.** 

#### Arrival:

Our estimated arrival time back at school on Wednesday 30 November is 3.00pm. Teachers will use ClassDojo and Sentral messaging to update parents on the day.

#### Medication:

If your child needs to take any form of medication (other than asthma medication already at school) whilst on camp, please fill out the attached Permission to Administer Medication form (1 per medication). Please return to school ASAP, so our teachers can collate the information. On the morning of departure, any medication that is required to be administered at camp must be handed to teachers. This medication must be in the original packaging with the prescription label with dosage instructions on it, sealed in a zip lock bag with your child's name clearly labelled on it. Students are **not permitted** to keep medication in their personal bags during camp.

#### What to Pack: (see next page)

All students will be required to carry and transport their own bags during camp. To make the experience easier for your child, please pack all student belongings into ONE bag they can carry/pull by themselves. Please ensure every item being packed for camp is clearly labelled with your child's name. Please ensure you pack enough sets of clothes for 2 days. This will allow for spare clothes if students get wet.

Matthew Jones Camp co-ordinator Danny Scott Principal



# **Recommended Packing List**

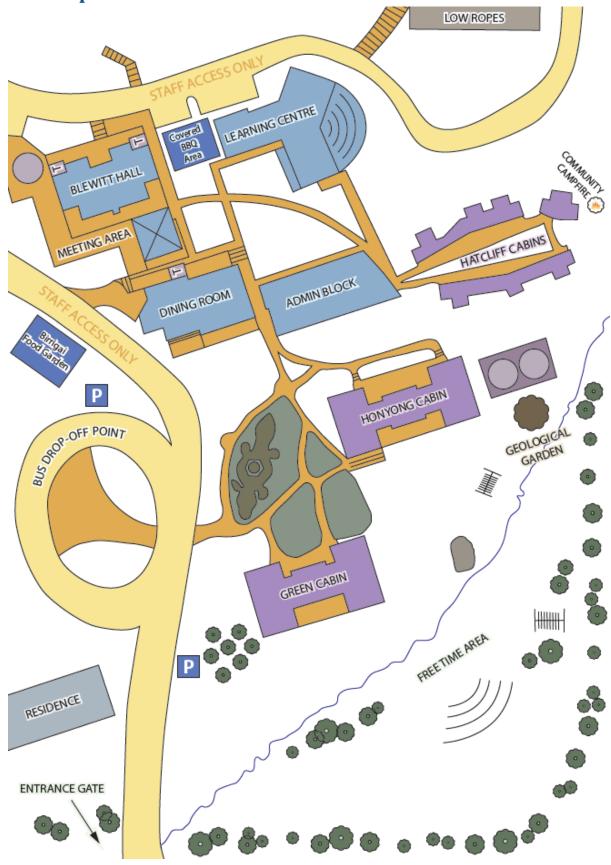
Two Day / One Night stay
☐ 3 sets of underwear
☐ 3 pairs of socks
☐ 2 x shirts with sleeves (long or short, no singlets)
$\square$ 1 x woollen or polar fleece jumper (recommend two in colder months)
☐ 1 x waterproof jacket
☐ 2 x shorts (summer)
☐ 2 x trousers/long pants
☐ 1 x pyjamas (seasonally appropriate)
□ 1 x towel
☐ Toiletries (including hand sanitiser and sunscreen)
☐ Broad brimmed hat
☐ Warm sleeping bag or a quilt and bedsheet (Birrigai does not provide blankets)
□ Pillow
☐ Drink bottle (Birrigai does not provide water bottles)
Do Not Bring
Any food, including lollies, soft drink unless medically indicated
iPods, phones or other electronic devices
Expensive cameras







## **Site Map**







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#### Request for administering prescribed medication to the student

Student Name: Class	
Note: if your child is to take more than one prescribed medication, please attach a separate request for each me	edication.
Name of prescribed medication:	
Expiry date of the medication:	
Prescribed for (name of medical condition):	
Prescribed dosage:	
What time to be administered?	
Dates required for administering medication. From: To:	
Special storage requirements if any e.g. in refrigerator:	
Special instructions for administering the prescribed medication/s e.g. must be taken with for glass of water:	ood or with a
Through information you have obtained from your doctor or got yourself, are you aware of a effects from the prescribed medication?  Yes No If Yes, please provide more information:	any likely side
Yes No If Yes, please provide more information:	
Does your child have an individual Health Care Plan? Yes No	
Parent Name: Date:	
Parent's Signature:	

#### Notes for Parents:

- Please attach any additional information on a separate sheet if necessary.
- Where possible, the medication should be provided to the school in its original pharmacy packaging.
   The prescription label should be clearly visible, showing the child's name, dose, date of prescription and directions for use.
- If medication is to be given in a form other than that in the original container, (e.g. half a tablet) then the medication is to be provided in the form ready for administration.
- Secure delivery of prescribed medication is important for the safety of your child as well as for the safety of other students in the school.